



Help Stock UCM's Food Pantry

ucmagency.org

P 703.768.7106 F 703.768.4788
7511 Fordson Road, Alexandria, VA 22306

f [facebook.com/UCM.Alexandria](https://www.facebook.com/UCM.Alexandria) @UCMAlex

Each weekday, an average 50-60 families depend on supplemental groceries at UCM's Food Pantry. We appreciate donations of heart-healthy food items including low-sodium canned goods (especially fruit and vegetables), whole grain pasta, and low-sugar cereals.

Canned:

Fruits
Vegetables
Meats
Tuna
Beans

Pop Top Cans:

Fruits
Meats
Tuna

Pasta

Mac & Cheese
Rice
Tomato Sauce
Raisins
Nuts
Apple Sauce
Small Boxes of Cereal
Large Boxes of Cereal

Dry Milk

Baby Food
Plastic Zip Bags
Protein Bars
Boxed Dinners
Spices & Condiments
Small Juice Boxes
Peanut Butter

Thank you for helping our neighbors in need!

Food Pantry donations are accepted weekdays from 9 m to 5pm at the UCM Main Office located at 7511 Fordson Road · Alexandria, VA 22306. For large collections and with advance notice, we can schedule other drop off times or to pick up your donation. Call 703.768.7106 and ask for the Food Pantry Manager.



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Each weekday, an average 80-100 families depend on supplemental groceries at UCM's Food Pantry. We appreciate donations of heart-healthy food items including low-sodium canned goods, whole grain pasta, and low-sugar cereals.

Canned:

Fruits
Vegetables
Meats
Tuna
Beans

Pop Top Cans:

Fruits
Meats
Tuna

Pasta

Mac & Cheese
Rice
Tomato Sauce
Raisins
Nuts
Apple Sauce
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