



unitedcommunity.org

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UCM.Alexandria



UCMAlex

United Way #8199

CFC #37839

HELP STOCK UNITED COMMUNITY'S FOOD PANTRY!

Each weekday, an average 50-60 families depend on supplemental groceries at United Community's Food Pantry. We appreciate donations of heart-healthy food items including low-sodium canned goods (especially fruit & vegetables), whole grain pasta, and low-sugar cereals.

Canned:

**Fruits
Vegetables
Meats
Tuna
Beans
Soup**

Pasta

**Mac & Cheese
Rice
Tomato Sauce
Raisins, Nuts
Apple Sauce
Cereals, Oatmeal**

Dry Milk

**Baby Food
Plastic Zip Bags
Protein Bars
Spices & Condiments
Small Juice Boxes
Peanut Butter**

We also welcome donations of baby items, including diapers and baby formula.

Thank you for helping our neighbors in need!

Food Pantry donations are accepted weekdays at the United Community Main Office located at 7511 Fordson Road, Alexandria VA 22306.

Food Pantry hours are: Mondays & Fridays: 9 am - 12 noon; Tuesdays & Thursdays: 3 pm - 7:30 pm; & Wednesdays: 7 am - 12 noon. For large collections and *with advance notice*, we can schedule other drop off times or may be able to pick up your donation. Please call 703.768.7106 and ask for the Food Pantry Manager.

*United Community empowers our neighbors in need to transform their lives.
We envision a community where everyone thrives.*

To learn how you can help, email volunteer@unitedcommunity.org.